



Relationships & Sex Education

For more information please read the Intimate Care Policy which can be found on the website, under Key Information and follow the link to policy.

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What is Relationships & Sex Education?

Relationships and sex education is learning about the emotional, social and physical aspects of growing up, relationships, sex, human sexuality and sexual health. Some aspects are taught in science, and others are taught as part of personal, social, health and economic education (PSHE).

We will always tailor our teaching to the individual needs of our pupils.

2



Primary Pupils (Relationships Education)

Pupils will be taught about

- Families and People who care for me
- Caring Friendships
- Respectful Relationships
- Online Relationships
- Being Safe
- Mental Wellbeing
- Internet Safety and Harms
- Physical Health and Fitness
- Healthy Eating
- Drugs, alcohol and tobacco
- Health and Prevention
- Basic First Aid
- Changing Adolescent Body

3



Secondary Pupils (Relationships & Sex Education)

Pupils will be taught about

- Families
- Respectful Relationships including Friendships
- Online and Media
- Being Safe
- Intimate and Sexual Relationships (including sexual health)
- Mental Wellbeing
- Internet Safety and Harms
- Physical Health and Fitness
- Healthy Eating
- Drugs, alcohol and tobacco
- Health and Prevention
- Basic First Aid
- Changing Adolescent Body

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Working with Parents & Carers

The curriculum information and learning maps that are sent home at the beginning of teach term will tell you what your child is being taught.

If you have any questions about this please speak to your child's class teacher in the first instance.

If you wish to withdraw your child from the PSHE curriculum relating to Sex Education you should write to the Headteacher outlining your concerns which we would be happy to discuss with you. Please note that pupils cannot be withdrawn from relationships or health education.